



**Group Consultations / Shared Medical Appointments in practice:
Masterclass
Thursday 16th November 2017
10.00 – 5.00 (followed by SMA UK meeting 6 – 9)
Venue TBC (Birmingham)**

This one day Masterclass is designed for SMA UK members and single practices (where you have a clinical champion). Further training and coaching support is available and we will advise what might be required for your practice based on completion of a training needs analysis

By the end of this highly participative workshop, you will:

- Know what group clinics and consultations are, what they are not, and the evidence base that supports adapting group consultations in practice
- Understood the benefits, efficiency gains and critical success factors that drive success
- Heard what it feels like to deliver group clinics and consultations in primary and secondary care
- Observed a 'live' Group Consultation mock up and started to develop your individual practice plan on a page
- Taken part in a highly participative workshop with your peers (2 groups- Clinicians ; Facilitators)
- A practice training needs analysis outlining any future coaching needs.

Session	Timing	Speaker
Welcome, setting the scene and check in	10.00 – 10.15	Dr Rob Lawson – SMA UK and Alison Manson, Group Consultations National Trainer
Lifestyle medicine and group consultations	10.15 – 10.40	Dr Rob Lawson
What are group consultations and what is their evidence base?	10.40- 11.00	Alison Manson
What does it feel like to deliver group clinics and consultations?	11.00 – 11.30	Dr Niti Pall + GPN (Sheffield) and group consultations facilitator (Manchester)
Break 11.30 – 11.45		
Mapping the critical success factors to your practice	11.45 – 12.00	Alison Manson
Group exercise with feedback: Developing your practice plan on a page	12.00 – 12.40	Alison Manson / Dr Rob Lawson



What does a group consultation look like; Mock session followed by Q & A	12.40 – 1.30	All
Lunch 1.30 – 2.00		
Participative workshops for clinicians and facilitators	2.00 – 4.30	Clinicians workshop – Dr Rob Lawson / Elaine Conway Facilitators workshop – Alison Manson
Clinicians workshop will cover: <ul style="list-style-type: none"> • Championing • Planning and design • Recruitment • Evaluation • Your role in the session and working with your facilitator to deliver successful group consultations • Embedding group consultations in your practice 	Facilitators workshop will cover: <ul style="list-style-type: none"> • Signposting in the session • Eliciting questions • Balancing time and momentum and encouraging participation in session • Managing the session (including when things don't go to plan) • Working with your clinician to deliver successful group consultations 	
Feedback and summary	4.30 – 4.50	All
Next steps and close	4.50 – 5.00	Alison Manson